

## A Poem: Just Let It Pass



Do you think life is hard for you? Are people treating you unfairly? This lady has to stand all day in freezing cold just to earn a living by selling beans and fish!

This morning I was inspired by the following poem. Just think what a happier world it would be if we all lived this! Our physical and mental health has a lot to do with our relationship with our Creator and the people we come in contact with on a daily basis.

Truly great folks never stoop  
To answer petty things;  
The unkind word, the bitter cut  
That rankles deep and stings.  
They are too big to notice them,  
They simply pass them by,  
And even with a smile sometimes  
Or twinkle in the eye.  
For they have found that after all  
'Twas better in the end  
To meet it with a smile, and then,

Just let it pass, my friend.

Read more from [Virginia Brandt Berg](#)